



# WHAT TO WEAR

ENGAGEMENT + WEDDING  
EDITION

HELLO FRIEND

## *My name is Maria and I like movement!*



First things first, to understand what to wear you'll need to know how I photograph. I'm a high energy type of gal that likes to move, gymnastics background over here! Standing still is not only unnatural but makes you look stiff and uncomfortable, it's not a good look, trust me. So I like to keep ya moving and talking - anything and everything I can to make you comfortable and forget about the camera.

Our engagement photoshoot is our time to get to know each other so by wedding day time, we are besties not awkward acquaintances

Movement in photos is my jam and our best shot at looking natural and having fun, which is the goal. So choosing clothes that can move and have movement (if you are a dress girl) is ideal. Comfortable shoes are also a bonus and even an outfit change does wonders for bringing variety for the photo gallery! .

# Engagement session

## 3 Things

When picking your engagement session attire, remember these three gems! First up, location is your style compass. Second, ladies, pick your outfit first then build his around yours. Third, choose a color palette or vibe that sings to you. And for extra layers and variety, sprinkle accessories that bring a different look.

01

### *Location*

This sets the mood for your wardrobe choices! Picture a beach-which calls for clothes that scream "easy breezy." Head downtown, and it's time for something more structured and formal. But if you're off to the park, think casual vibes all the way!

02

### *Ladies First*

Pick your outfit first then build his around yours, making it easier. You are the star of the show. To accentuate movement pick a dress that can twirl, if you aren't a dress girl highlight your lines with a loose top and more fitted bottoms or vice versa. The camera likes lines, so draw the eye to the smallest part of you, with something that cinches your waist. Or layer with a cardigan or jacket giving vertical lines on the body.

03

### *We go together*

Coordinating and not matching is the name of the game. The camera likes layers and variety, so complement each other but no need to twin!

A word about props, they need to make sense, like a blanket to sit on, champagne to pop, rings, flowers etc. Bonus points for bringing your pup!

[CHECK OUT ALL THE OUTFIT IDEAS HERE](#)

# *Wedding Style Guide*



*A wedding calls for multiple looks*

IM HERE TO CONVINCING YOU WHY

# *DIFFERENT VIBE, DIFFERENT DRESS*

Wedding Days=A Festive Marathon!

On your wedding day, you'll find yourself stepping into various roles: a church-goer, a model, a long-lost cousin, and a dance floor diva. Each of these roles demands its own vibe. You wouldn't think of entering the church in a sequined disco dress, nor would you wear a cozy robe to the lively reception. However, if the idea of multiple outfit changes feels overwhelming, stick with a one and done dress. But if you're eager for a wardrobe adventure, I'm here to help you enjoy every moment while looking amazing and not break the bank.

## *01*

### *Ceremony*

Ceremony dresses demand a serious dose of reverence, gravity, and sincerity. Cue the veil and long, sweeping train that turns heads down the aisle, leaving a trail of gasps. Think Kate Middleton vibes. Since you're not running a marathon, it's perfectly fine if the dress is snug, all in the name of show. Say it with me now: drama in photos is the goal. The camera is obsessed with over the top attire, so use this golden opportunity to go all out with your ceremony dress!



# 02

## *Photoshoot*

Photoshoot dresses? Think fun, fabulous, and frolic-friendly! You need something that lets you twirl through the great outdoors with ease. Whether it's a whole new number or just swapping an accessory or shedding a layer from your ceremony outfit—you'll get a fresh look without a complete outfit change.

Alternatively, I also offer bridal portrait sessions before the big day, giving that dress its own standalone moment away from the wedding timeline.

I know what your thinking, "Im saving all my pennies for the one dress," now you're suggesting three?! Girl, have you heard of etsy and amazon. You can find steal of a deals online or consignment shops. Ive rounded up some options too, check those out here!



# 03

## *Reception*

Let the dancing begin! Your reception dress should shout, "I'm the life of the party!" (if that's your vibe). Choose something comfy, and it'll be a breath of fresh air compared to those stuffy, restricted dress from earlier in the day. Don't be afraid to add a splash of color or a touch of sparkle—after all, this is your moment to shine. Whether you go for a twirl-ready skirt or a sleek silhouette, the key is to feel comfy and free. Pair it with shoes that make you feel like you can dance the night away without a care. Remember, the energy you bring to the dance floor is just as important as the outfit you wear. So smile, laugh, and let your joy be the true highlight of the evening!



# *A moment for the veil*

YES, YOU NEED ONE





*Even if it's just for pictures, its worth it.*

Your wedding day is probably the only time in your life that calls for a veil. If wearing one isn't your jam during the ceremony, it still makes a great prop for Insta-worthy pics. It gives your hands something to do, says timeless elegance, and nothing shouts "I'm a bride" quite like it. Whether you're striking a pose for bridal portraits or snapping shots with your soon-to-be spouse, the veil has your back with endless pose possibilities!

P.S. If you decide to rock it down the aisle, make sure it's securely fastened—those sneaky snags are real, and veils have been known to take flight! Also, for a dash of tradition, consider the dramatic blusher veil moment. Walking towards your groom with it down, only to have him lift it for the big reveal, is the ultimate OG first look!





## *Resources*

Glad you asked!  
Check out my amazon storefront with dress ideas, veils on the cheap, and other wedding day accessories like ring boxes to keep them snug as a bug.

Whether you're planning a small intimate gathering or a grand celebration, my curated collection aims to offer something special for every bride-to-be.

From elegant jewelry pieces to charming décor items, you'll find plenty of inspiration to bring your dream wedding to life. Plus, I frequently update the storefront with the latest trends and timeless classics, so there's always something new to discover. Happy planning!



[AMAZON STOREFRONT](#)